

Slide 1



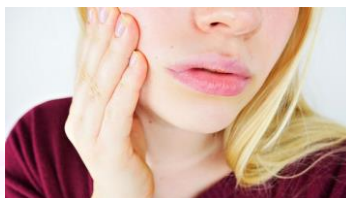
Younger By Tonight Better than Botox

Module 2 Part 6
Self Care Program

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Fascial Shape Your Jaw Protocol 7

- Touch your skin, grab sink and pull and hold along the jaw
- Start closest to the ear and work towards the chin
- Grab and hold 3 to 5 seconds



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Thank you

Please add your question to the
YBT Facebook group

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